# St James Assiniboia HOCKEY ACADEMY

Available at the following schools in St James Assiniboia School Division

Place √ Here	SJASD Middle Schools	
	George Waters Middle School	
	Hedges Middle School	
Place √ Here	SJASD High Schools	WINDES JETS HOCKEY ACADEMY
	John Taylor Collegiate	
	St James Collegiate	I was a member of the WJHA at my former elementary, middle or high school
Parent - Student Information		
Student Name:		
Parent Name(s):_		
School Attended	2023-2024 :	
Hockey Experience		
New to hockey Playing Minor Hockey (A1-3, AA, AAA, High School)		

## ST JAMES ASSINIBOIA HOCKEY ACADEMY





















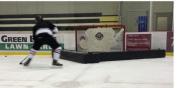






















WEBSITE: www.sjaha.blogspot.ca

**INSTAGRAM:** @sjaha\_hockey

TWITTER: @stjameshockey

### **Hockey Canada Skills Academy**

"A hockey skill development program offered within a public or private academic institution for any student registered or wanting to become registered with a minor hockey association team"

#### **SJAHA Believes in...**

"We want students to perform QUALITY skill repetitions daily and we want students to experience a high QUANTITY of skill repetitions daily through 3 types of drills:"

(a) Skill Stations, (b) Small Area Games (c) Game Situation Drills

#### **The Students Receive**

- \*Better practice to game ratio
- \* Video feedback of development
  - \* Technical & Tactical training
- \* Floorball, Focus Fitness, Icelab training
  - \* High School students earn credit(s)
    - \* Snacks after every ice session

#### **SJAHA Facts**

- \*Licensed Hockey Canada Skills Academy
- \* Emphasis on individual skill development
- \* Rink: Hockey for All Centre (3969 Portage Ave)
- \* Yearly student fee of \$550 (45hrs On Ice)
- \* Partners w/ WJHA to support students Gr 6-12



